

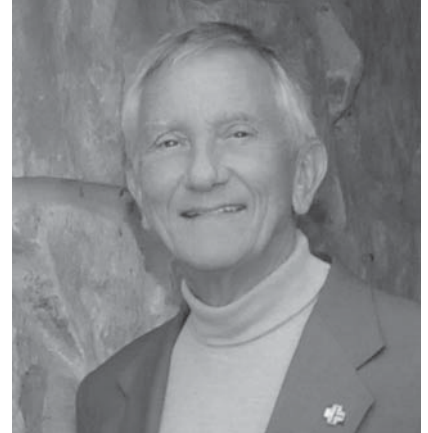
THE FRANCISCAN HERMITAGE

messenger

A U T U M N - W I N T E R 2 0 1 1

Dear Friends of the Hermitage:

I think we are living in a very exciting time. All of us are involved in a huge kind of change that has never happened before in human history. We are living through changes in the global economy. Organized religion seems to be falling apart. Leaders the world over are looking for solutions to war and poverty. Family structures are collapsing. Climate change is creating fires, floods, and volcanic eruptions.



The media reports these changes as “disasters” and are leaving the impression that this is a terrible time in which to live. But there are other ways of looking at these changes and events. The professionals in science, religion, sociology, and economics, for example, give us the impression that this is an exciting time in which to live.

How can it be that one person looks at the situation and sees it as negative and another person looks at the very same situation and sees it as positive? The answer is simple: ***Your thoughts create your reality!*** That’s right, what you think becomes reality for you.

In my work, I see more and more people understanding this principle and, as they change their thoughts, they change their experience. For example, the immature behavior of our Congress over the past few months is helping the people of our country (as well as the people of the world) move into a different thought process. We are beginning to understand that, instead of dual thinking - “either-or” and “us-them,” - it is far more productive to use the non-dual thinking of “both-and” or “community.”

Non-dual thinking is the challenge given to us by Jesus, Buddha, and all the great religious leaders. *“I pray, Father, they may be one, as You and I are one. That they may be one is us!”* When will we learn that this is the kind of thinking that creates love and produces peace, both in our personal lives and in the world round us?

Think how great it would be if both right and left, Democrat and Republican, traditional medicine and alternative medicine, East and West, could take the best of both sides and create systems that would help improve the quality of life for all. Think how good it could be if people were able to think in terms of dialogue, rather than litigation. Imagine how exciting it would be when all of us turn our thoughts to solutions, instead of pointing fingers, making judgments, and creating war.

Just today I got an email from one of my students in Australia. She was telling me of a relationship that has been broken for 30 years. In meditation, she was able to see that there was fault on both sides of the relationship. Using Ho’Oponopono meditation and the mantra, “I am sorry, please forgive me,” she began to feel love and compassion for the other person. She pictured

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Statement of Purpose

The Franciscan Hermitage is an international, inter-faith, life center dedicated to the spiritual, physical, intellectual and professional growth and formation of persons of all persuasions and circumstances.

We offer a variety of workshops, lectures, classes and support groups, each designed to empower individuals on their journeys of faith and wholeness.

Persons involved with The Franciscan Hermitage are encouraged toward personal growth and development, so that by word and example, they might encourage others on their own journeys of personal growth and development.

50th ANNIVERSARY OF PRIESTHOOD (and a Retreat-at-Sea)

On June 13, 2011, Fr. Justin will celebrate the 50th Jubilee Celebration of his ordination as a priest. To celebrate, we have been thinking about gathering the wonderful people from the USA and abroad who have helped create The Hermitage and make it what it is today. That dream could come true with a *Retreat-at-Sea Nov. 13-20, 2011*. We want to make this cruise a special celebration by inviting family and friends from Europe, Australia, the USA, and other parts of the globe. Fr. Justin is preparing several workshops for this retreat; he will celebrate Daily Mass for those who wish to attend, and most importantly, we will have a full week of leisure, with ample time to visit and share.



50th Jubilee Celebration with Fr. Justin aboard the Westerdam, Nov. 13-20, 2011

Itinerary: from Fr. Lauderdale, FL
Southern Bahamas (Half-Moon Cay, Aruba, Curacao)
Cruise only: **Inside Cabins** from \$899 per person (double occupancy)
Balcony Cabins from \$1,198 per person (double occupancy)
Package includes: 7 nights, all meals, cruise taxes, port fees, and seminars with Fr. Justin
Space is limited and prices can change. A \$400 deposit per person is required. Passports required
For further details and a color brochure, see our website www.FrJustin-Hermitage.org or contact:

Kollander World Travel
761 East 200th St., Euclid, OH 44119
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Judy- jkoblentz@kollander.com

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herself and the other person in Divine Light, both of them an extension of Divine Love. Then one day, at a family gathering, both were forced to be together. She approached the other person, began a conversation, expressed regret for the past, and thanked her for the good things that she had done and continues to do for her family. The other person responded in a loving way and the friendship was mended. After a long discussion, they realized that it was a third party that caused the rift in their friendship. Now, together, they are working to mend other relationships in the family. In this case, both parties changed their thoughts from “either-or” to “both-and.” Fault was on both sides, but now they are both in the space of love and friendship.

In my own life, I discovered long ago that God dwells both in me and in every other person. When I am conscious of this fact, I can love everyone. Also, I know that I cannot have all truth, so when I am listening to someone who has a different viewpoint from mine, I can really *listen* and learn from what the other person is saying, expand my awareness, and love the other person where he/she might be. When putting on white clothing every Wednesday, I tell myself, “Justin, if you want to promote peace, it is important to be loving and compassionate. It is not important to be ‘right.’” With that kind of thinking, I can love everyone who enters my life.

If you want to get a deeper understanding of the “both-and” spirituality described above, please take time to read and study *Success: Full Relating*. My purpose in writing this volume was to help individuals understand the difference between “either-or” (dual) spirituality and “both-and” (non-dual) spirituality. Peace will come into our lives and into our world only when we begin to think in a way that is unitive.

The principle I use is this: *Know what you believe and live what you believe. Then, help others to know what they believe and allow them to live the way they believe.* This is a principle that can create love and compassion in you and bring peace to our world.

Times are indeed changing, and they are changing for the better. More and more individuals are moving into a more mature spirituality as expressed in a “both-and” approach. I invite you to shift your thought process into this inclusive model and put those thoughts and that model into your life. Inclusive spirituality is moving the entire population of Planet Earth towards the reality of a Global Village and a Universal Human Family. Be a part of this important movement. **You can make a difference.**

Love and appreciation for your presence in our lives and in our work here at The Hermitage.

Fr. Justin

AUSTRALIA

We would like to take this opportunity to thank Wendy Gellard for the many years of service she gave, helping get Hermitage programs into Australia, especially into West Australia. Not only did she contact and book programs into parishes, schools, hospitals, businesses, etc., but she also published *Success: Full Thinking, Ho'Oponopono*, as well as all the other Hermitage CDs.

Thank you, Wendy, for all that you did to help us reach so many people and to spread the Good News to all of Australia. We are deeply indebted to you and will continue to send our prayerful support to you, your loved ones, and your important ministry at Peace Be Still.

At the same time, we would like to welcome Alison Kirkwood and thank her for volunteering to take over the responsibilities previously handled by Wendy. Alison is supported by an entire team of volunteers who make it possible for the work of The Hermitage to continue in Australia. God bless you all!

Please note that all Hermitage publications are available through **The Inspiration Factory**, 426 Hay St., Subiaco, WA 6008, 1-800-624-612 or 08-9381-4612 or inro@theinspirationfactory.com.au.

For information about Fr. Justin's programs, Meditation Support Groups, etc., please contact Alison at 08-9341-7344 or alison_frjustin@iinet.net.au.

EUROPE

Marietta Kovacs is a certified SFL Lecturer and presents programs in **Geneva, Paris, Brussels, Mauritius, and La Reunion**. For information regarding classes and Hermitage publications in **French** (and some in English), please call **+41-79-342-9977** or email her at kovacs@planet.ch. Marietta also has details regarding programs that Fr. Justin will be giving throughout Europe in **2012**.

HOUSTON

Pat Kerlin is a certified SFL Lecturer residing in Katy, TX. For information about future *Success: Full Living* classes, please call 281-703-8666.

**INDIANAPOLIS
1 – VOLUNTEERS**

It is impossible to mention all the volunteers who help us in so many ways. However, we want to send a sincere "Thank You" to all who help us in any way at all. We simply couldn't get along without you.

Special needs:

Someone who can help us update the format of the SFL Student Manual into the computer.
Someone who can service Fr. Justin's Facebook page.
Someone who can help create a Hermitage brochure.
Someone who can help with the Newsletter.
Someone who can sort and bind the Board Minutes of the past few years.
Someone who can help LuLu in the office with specific tasks. (see LuLu for details)

2 – SUCCESS: FULL LIVING

Our goal at The Hermitage is to help people everywhere move towards **personal and global peace**. Our *Success: Full Living* program has been the primary means of achieving that end. SFL is our signature workshop, and we want to keep the spotlight on it, especially here in the Indianapolis area. For that reason, we are offering another class at The Hermitage on Oct. 15-16, 2011. Our classroom can accommodate no more than 40 people, so if you are interested in being part of this life-changing experience, please book early.

The schedule is as follows: **Mon., Oct. 10, 2011, 7 – 8:30 pm – First Hour of the Class (free and open to the public)**

Sat. & Sun., Oct. 15-16, 9 am – 5 pm at The Hermitage.

Cost: Prepaid **\$175** (\$100 non-refundable deposit before Mon., Oct. 10th)

At the door \$200.

GRADUATES MUST REGISTER. Please bring your membership card. A donation of \$30 is appreciated to help cover class costs.

Hotel Accommodations. If you are from out-of-town or an outlying area and would like hotel accommodations, we suggest the Hampton Inn Indianapolis. The address is 6817 East 82nd St. (just north of I-465 at the northeast corner of the city off of I-69 (Exit 1 Castleton). Phone numbers are: 317-576-0220 or 1-800-HAMPTON (426-7866). The Hampton Inn offers a 10% discount to AARP members, AAA members, and senior citizens (age 50+).

Success: Full Living as a **Parish Renewal** is very effective in a church setting. If your pastor or Director of Religious Education is looking for a full week of renewal, please have him or her get in touch with us for details.

3 - MEDITATION CLASS

The Silva Meditation Class will be offered in January 2012.

The schedule is as follows:

Mon., Jan. 2, 2012 - 7:30 pm – First Hour of the Class (free and open to the public)

Sat. & Sunday, Jan. 7 & 8, 9 am – 6 pm at The Hermitage (3650 E. 46th St. in Indy)

Cost: \$425 (at the door) \$375 (per-registered before Mon. Jan. 2)

To register, call LuLu at **317-250-6888**. A \$100 deposit (non-refundable) must be received on or before Monday, Jan. 2, 2012 in order to qualify for the \$50 discount.

GRADUATES MUST REGISTER. Please bring your membership card. (A graduate donation of \$30 is appreciated to help cover class costs.)

Hotel Accommodations (see above)

5 - ENERGY CIRCLE (Meditation Support Group)

Wednesday Evenings 7-9 pm. All are invited to this weekly event.

This is a great way to share your success stories and meditate with a like-minded group. Facilitators are Kathy Peters, LuLu Kinnett, Kevin Langford, Dan Nyman, and Fr. Justin, when he is in town.

6 - HEALING TOUCH AVAILABLE AT THE HERMITAGE

Healing Touch is a relaxing, nurturing, energy therapy. Facilitated by Richard Cornell, Certified Instructor in Chi Lei Qi Gong, Tai Chi For Health, and a level 4 of Healing Touch. Available one or two Saturdays each month. For more information, call Lulu at 317-545-0742 or 317-250-6888 or lulugk@att.net.

7 - THE LAW OF ATTRACTION

First Monday of every Month, 7-9 pm (doors open at 6:30 pm).

This is an on going program for persons interested in learning how to use the Law of Attraction to create the life they have always desired. The meetings are based on the publications of *The New York Times* bestselling authors Ester (Abraham) and Jerry Hicks, as well as the DVD and book *The Secret*.

To receive ongoing notification of group meetings, go to www.meetup.com and search for the Indianapolis Law of Attraction discussion group, and join our group (there is no charge). You can RSVP for each meeting. Facilitated by Carla DeWitt (email: solutions@indy.rr.com).

LINCOLN, NE

Patt Floodman is our sponsor and contact in Lincoln. If you need any information, please call **402-489-3219**.

OMAHA, NE

Josephine Garretson hosts a **Metaphysical Class** and **Energy Circle** on the first and third Monday of each month at **Unity (3424 N. 90th)**

7-8:30 pm. A **second Energy Circle** meets every **Sunday, 7-8 pm** at the home of Judith Weidner (6205 N. 31st Ave). A **third Energy Circle** meets the first and third **Thursday** of each month, **7-8 pm** at Unity in the Y.O.U. Room upstairs.

Sun., July 8, 2012, Unity of Omaha- Fr. Justin preaches at the 10:30 am Service –Workshop with Fr. Justin at 1 pm.

Mon. July 9, 2012 – Free first hour of the Silva class at 7:30 p.m. at the Hampton Inn, (Westroads).

Thurs., July 12, 2012 – Fr. Justin facilitates the Silva Graduates' Energy Circle 7 pm.

Sat. & Sun., July 14-15, 2012, 9 am-6 pm Silva Live System at the Hampton Inn (Westroads). (For details on all of the above activities, call Jody at **402-334-8154** or **402-203-3514**) or email jodygar@cox.net).

ENERGY CIRCLES

(Meditation Support Groups)

It is much easier to keep meditation in your daily life if you have the support of others who meditate every day. These support groups exist wherever Fr. Justin's courses have been taught. In Indianapolis, contact LuLu at 317-545-0742 or 317-250-6888. In Katy, TX contact Pat at 281-703-8666. In Australia, contact Alison at +0417 957 161 or 08 9341 7344. In Omaha, contact Jody at 402-334-8154 or 402-203-3514. In Europe, contact Marietta at +41-22-349-8077 or +41-79-342-9977. Also, see our website www.FrJustin-Hermitage.org.

FR. JUSTIN'S CALENDAR

Oct. 10, 2011	First Hour of SFL Workshop
Oct. 15-16, 2011	Indy – SFL Workshop
Oct. 22-23, 2011	Masses at St. Matthew Parish
Oct. 29-30, 2011	Masses at St. Matthew Parish
Nov. 12-19, 2011	Retreat-at-Sea
Nov. 24, 2011	Thanksgiving Mass at St. Matthew Church
Dec. 31, 2011	Masses at St. Matthew Church
Jan. 1, 2012	Masses at St. Matthew Church
Jan. 2, 2012	Indy – SLS, First Hour of the class
Jan. 7-8, 2012	Indy – Silva Life System workshop
Feb. 25 - Mar. 1 2012	Long Island, Our Lady of Peace Parish Renewa

SUCCESS STORIES

Please see our web site:

www.FrJustin-Hermitage.org

IMPORTANT NOTICE:

We have closed our
P.O. Box 30248
Indianapolis, IN 46230

Our ONLY address is:
Franciscan Hermitage
3650 East 46th Street
Indianapolis, IN 46205

Sorry for the inconvenience.
Love and appreciation,
Justin

If you have an email address and are receiving a hard copy of this newsletter, please send your email address to

jeanmarie572000@yahoo.com.

Thanks very much!

The Franciscan Hermitage, Inc. is a tax exempt not-for-profit organization. Our financial support comes from class tuitions, donations, and the distribution of books, CDs, etc. Thank you for your prayers, your participation in our programs, and your individual gifts. God bless you and your loved ones!

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